## **SELF CERTIFICATION - SICKNESS ABSENCE FORM**

Please	complete this form immediately upon your return to work after a period of absence of half day	or
more.	Self certification is required for ALL periods of absence up to and including seven days, after	
which a	a doctor's Fit Note will be required.	

Full Name		
Place Of Work		
Job Title		
PERIOD OF ABSENCE	·	
If your absence is due to sickness please er including Saturdays, Sundays and Bank Holida		rt and end dates when you were unfit to work
First day of absence		
Last day of absence		
Date of return to work		
DETAILS OF ABSENCE		
Please state briefly why you are/were unfit rheumatism, injury at work etc. If the absenthe injury and cause.		
Did you receive medical treatment during absence?	your	YES/NO
If so, please state where and when		
Was you sickness caused by an accident at work		
	work	YES/NO
Was you sickness caused by an accident at or an industrial disease?  Please ensure that any accident		
or an industrial disease?		
or an industrial disease?  Please ensure that any accident	at work is	nce stated above and that the information understand that to give false or misleading
or an industrial disease?  Please ensure that any accident  DECLARATION  I declare that I have not worked during the perigiven is true and accurate to the best of my known in the period of the perio	at work is	nce stated above and that the information understand that to give false or misleading